

**Ingredients
for a healthier
tomorrow.**



er

Goo

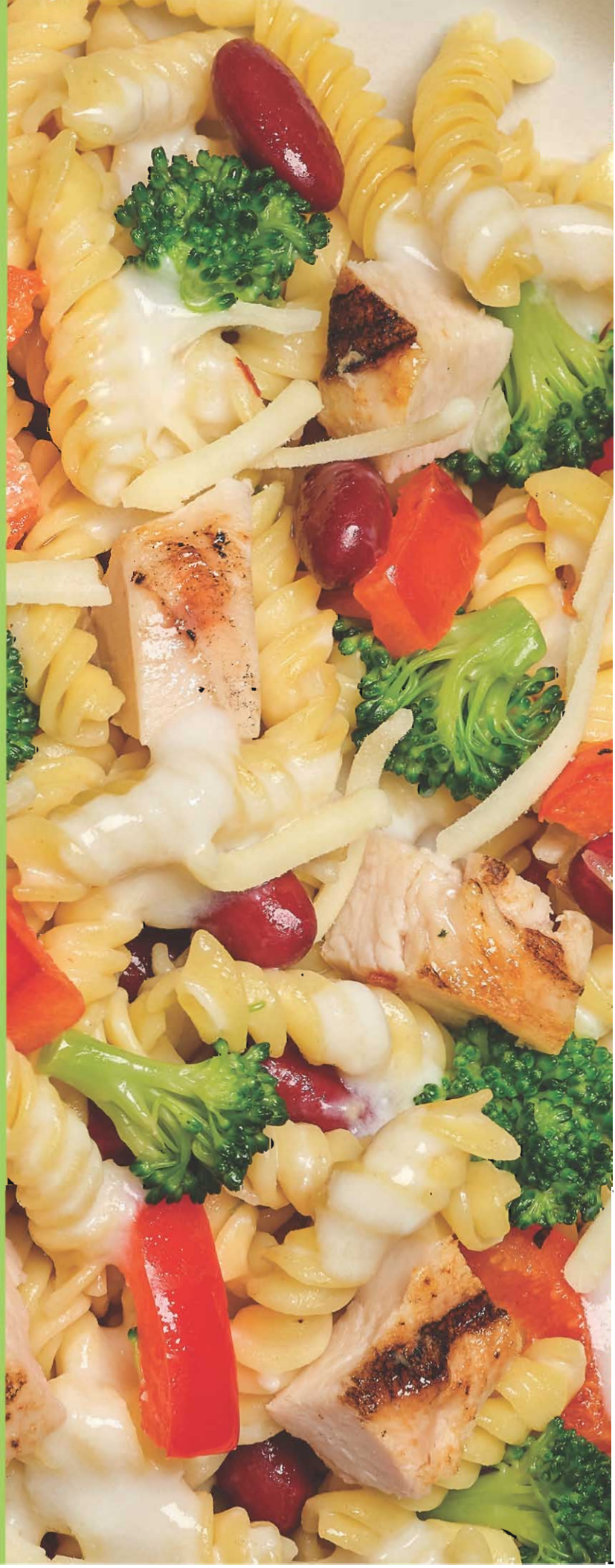


Good for you.
Good for the planet.

whatYOUeat.ca











Presented by
Dietitians of Canada







Sponsor of
Dietitians of Canada's
Nutrition Month 2022



© Dairy Farmers of Canada, 2022. All rights reserved.